



**Bereavement
support for you**

Group Protection

This leaflet is designed for the immediate family of an employee that we covered for death in service benefits in the event of a claim.

The death of a loved one is probably the single most difficult challenge we may experience. Grief can often leave someone feeling overwhelmed and affects people in different ways.

As part of the employee benefits your relative received, we offer bereavement support to their immediate family, to help cope with the loss of the loved one. We've teamed up with Health Assured who can provide you with the support to deal with the grief of loss or anxiety that you may be going through, as well as advice on any practical concerns that you may have.

Health Assured have specialist professionals who can provide information to help you with:

- **Emotional issues;** stress, coping with grief, returning to work after bereavement and planning for the future.
- **Financial issues;** tracing a pension, tax, dealing with the deceased person's debts and paying for their funeral.
- **Legal issues;** dealing with an estate, getting probate, wills and intestacy.
- **Practical issues;** social security benefits and caring for an elderly widowed relative.

Where appropriate, a total of up to eight free face-to-face counselling sessions can be provided. These could help you cope with bereavement and grief, and the symptoms that come with it. This is available to the immediate family of the deceased employee. Immediate family members include spouse, partner, registered civil partner, siblings and children aged 16 to 24 in full-time education, living in the same household.

Simply call Health Assured on **0800 072 9612** to benefit from this service.
Calls may be recorded.



Health Assured's EAP is accredited by the British Association for Counselling and Psychotherapy (BACP) as well as the Employee Assistance Professionals Association (EAPA). They use highly qualified and skilled counsellors, who provide services confidentially with no information shared with any third party, including us.

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