



Legal & General Wellbeing Support

This document provides further information about Legal & General Wellbeing Support.

We're here every step of the way to help you through the most difficult of times.

We want to help look after your wellbeing throughout the lifetime of your policy, that's why we've partnered with RedArc Assured Limited and their registered nurses to include a suite of six support services.

This service is only available in the UK.

From the day you take out your policy, you can call Legal & General Wellbeing Support directly to access assistance. This service is available to you and your immediate family, this includes spouse, partner, children living at home.





We want to support you as much as possible – that’s why we’ve partnered with RedArc Assured Limited and their registered nurses

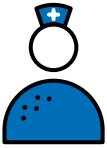
RedArc nurses are highly experienced registered general and mental health nurses, each have their own specialist areas of expertise as well as broad general nursing experience.

The team has the professional expertise and natural compassion to deliver an innovative service that’s trustworthy, reassuring and highly personalised. This suite of six benefits is designed to offer additional help and guidance when you need it, and

provide practical advice and emotional support to help you through difficult times – so you don’t have to go it alone.

From the day you take out your policy, you will be able to call Legal & General Wellbeing Support directly, to access a range of services.

During your policy, Legal & General Wellbeing Support include the following:

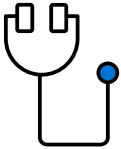


Serious illness, disability or bereavement support

Your nurse is there to offer you an explanation around treatments, as well as advice on coping during this difficult time. They can also source equipment you might need to make life a little easier. The service supports people suffering from bereavement too – from ongoing emotional support and help managing grief, to resolving the practical problems which come as a result of losing a loved one.

Second Medical Opinion

If you have concerns about your diagnosis or course of treatment, and wish to get a second medical opinion for peace of mind, your nurse can arrange a face-to-face appointment with a UK-based consultant. Prior to your appointment, they can help you prepare, letting you know what to expect and advising on questions you may want to ask. Afterwards, they'll be there to help you decide how to progress, perhaps in accessing further services or tests via the NHS or privately. They also offer invaluable emotional support – whatever the outcome. All recommendations and advice given will be based on treatment available within the UK.



Mental health support

Mental health nurses offer long-term support and guidance for mental health conditions. Using their expertise, they are able to identify the most appropriate course of action, and can quickly arrange counselling or other therapy sessions.



Carer support

It's important that those individuals caring for a sick or elderly loved one have someone to look after them too. This service provides emotional and practical support specifically for carers.



Help at home

The days and weeks after being discharged from hospital can be difficult, so extra care and support during the recovery phase is invaluable. The nurse can provide long-term advice and support over the phone.



Eldercare

This service provides support and advice on how best to keep an elderly relative safe – whether that be living independently or in a residential facility.





How do the services work?

If you need to use Legal & General Wellbeing Support, you can speak to a highly experienced, fully-qualified and compassionate nurse best suited to your particular circumstances. You'll be able to contact them by phone, and you'll always speak with the same nurse.

To contact Legal & General Wellbeing Support, simply call the independent nurse advisory service on **01244 623033***, or email: landgwellbeing@redarc.co.uk

We're here to help you through the most difficult times, every step of the way.

*We may record and monitor calls. Call charges may vary. Mon-Fri 9am-5pm.

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