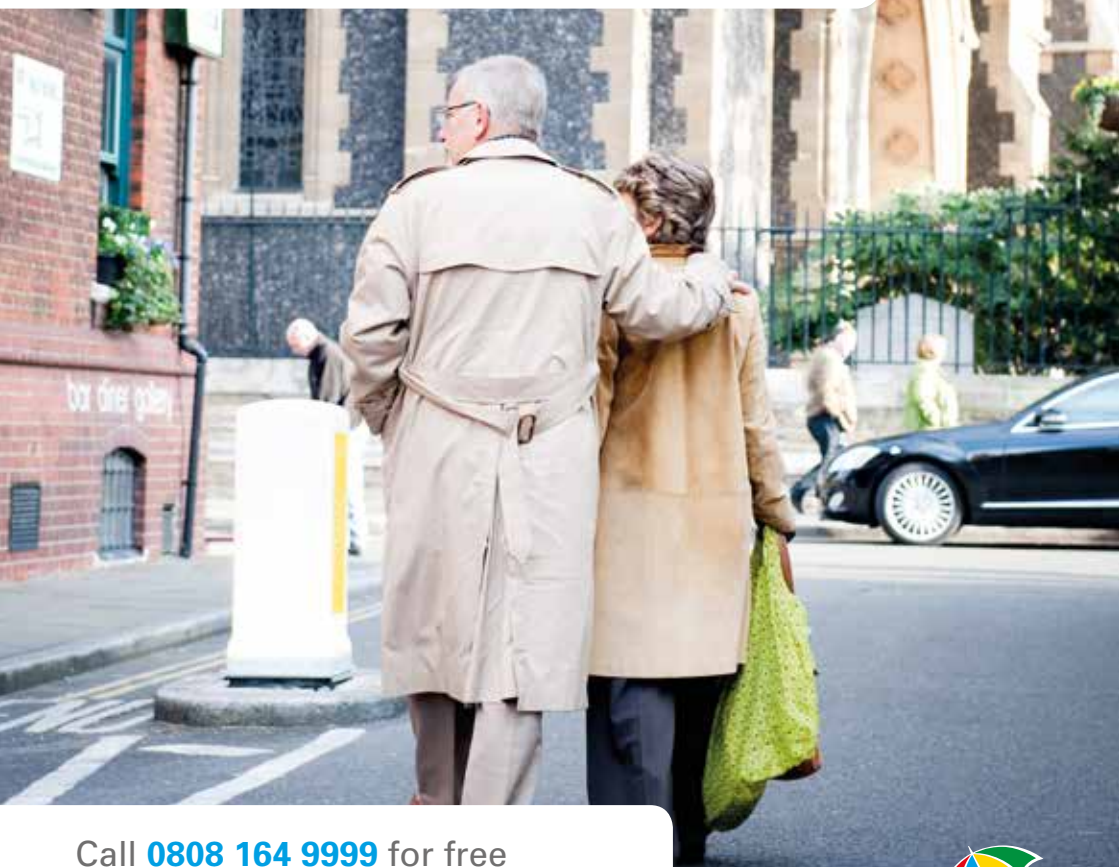


A helping hand when you need it most

Whether it's your health, finances or personal life, if you ever need guidance or just someone to talk to confidentially, we can help.



Call **0808 164 9999** for free independent customer assistance, 24 hours a day, whatever the issue.



Legal & General Home Finance offer access to a free, independent customer assistance helpline which gives you and your family members 24 hour support on a wide range of issues.

It's managed by qualified counsellors and advisers based in the UK. They can offer you guidance on many areas:



Information and legal guidance – such as consumer rights, matrimonial law, neighbour disputes, civil litigation, probate and wills.



Bereavement support – to help you and your immediate family with grief, feelings of loss or anxiety or bereavement-related stress.



Help with financial matters – such as budgeting, negotiating with creditors and debt management.



Health and wellbeing support – practical information on medical or health-related issues and guidance on dependants' care.

Provided by fully accredited, UK based counsellors

This service is provided by Health Assured, a leading provider of assistance programmes which support millions of people in the UK. The service is managed by professionals accredited by the British Association for Counselling and Psychotherapy (BACO) and the Irish Association for Counselling and Psychotherapy (IACP), who can offer you practical advice on dealing with any issues or support you may need.

Please note this service only offers guidance and information and not professional advice. The service is free and isn't guaranteed. We reserve the right to change or remove this service in future.

Call free on **0808 164 9999**



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